

September 2024 | WELLMAN UNION CAFE



Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 Breakfast Burrito Hashbrown or Breakfast Bread Yogurt	4 Waffles Sausage or Muffin Yogurt	5 Breakfast Combo or Breakfast Strudel Cheese Stick	6 Donut Holes Sausage or Cereal Variety Toast
9	10 French Toast Sausage or Breakfast Bread Yogurt	11 Morning Griddle Sandwich or Muffin Yogurt	12 Pancake Wrap Yogurt or Breakfast Crackers Cheese Stick	13 Peanut Butter & Jelly Sandwich or Cereal Variety Toast
16	17 Pancakes Bacon or Breakfast Strudel Cheese Stick	18 Breakfast- Pizza or Cereal Variety Toast	19 Oatmeal Cinnamon Toast or Breakfast Bread Yogurt	20 Donut Sausage or Breakfast Round Yogurt
23	24 Cheese Omelet Toast or Breakfast Bread Yogurt	25 Sunrise Sandwich or Breakfast Parfait	26 Early Bird- Sandwich or Breakfast Strudel Cheese Stick	27 Dutch Waffle Sausage or Cereal Variety Toast

Announcements:

White, Chocolate, and Strawberry Milk Served Daily

Fresh Fruit and Juice Served Daily

* Menu is subject to change



30



Watermelon

Season in Texas: May - October

Did you know?

You can eat the entire watermelon; some people make sweet pickles out of the rind



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
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Updated 6/6/2024
 National School Lunch Program

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Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 Breaded Drumstick Biscuit Garden Salad Sweet Potatoes Seasonal Fresh Fruit	4 Walking Taco Pinto Beans Tomatoes Chilled Pineapple Cookies (K-12) Animal Crackers PreK	5 Boneless Chicken- Wings Chips (K-12) Celery / Carrots Mixed Fruit Frozen Yogurt Cup	6 Steak Fingers Gravy Savory Green Beans Corn Roll Peaches
9	10 Corn Dog Tater Tots Tomato Cup Fruit Cup	11 Nachos Grande Salsa Beans Cucumbers Apricots Ice Cream Cup	12 Breaded Pork Chop Gravy Broccoli Corn Roll Mandarin Oranges	13 Cheeseburger- Macaroni / Carrots Green Beans/ Roll Seasonal Fresh Fruit Crispy Treats (K-12) Teddy Grahams(PreK)
16	17 Fish Sticks Oven Fries Okra Roll Strawberries	18 Ham & Cheese Melt Baked Beans Carrots Tomato Cup Hot Cinnamon Apples Sherbet	19 Pizza Garden Salad Savory Green Beans Peaches Cookies (K-12) Graham Crackers PreK	20 Pig in a Blanket Oven Fries Tomato Cup Snowball Salad
23	24 Meat & Cheese- Chalupas / Salsa Spanish Rice (HS) Refried Beans / Corn Orange Smiles Pudding	25 Chicken Nuggets Mac & Cheese Carrots Squash Grapes	26 Breaded- Mozzarella Sticks Marinara Sauce Tomato Cup Garden Salad Pears	27 X-treme Burrito Corn Cucumbers Rosy Applesauce Brownies (K-12) Animal Crackers PreK

Announcements:

White Milk Served Daily (Pre-K)

White, Chocolate, and Strawberry Milk Served Daily (K-12)

Fresh Fruit and Juice Served Daily (HS)

 * Menu is Subject to Change

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